

# WA INCLUDE and ECHO IDD Wraparound - 2024

Jim Mancini

# Disclosures

Today's speaker has no financial relationships with an ineligible company relevant to this presentation to disclose.

None of the planners have relevant financial relationship(s) to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients

*\*All relevant financial relationships have been mitigated\**



# Objectives

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Learn about WA INCLUDE and ECHO IDD Wraparound program, current programs and future directions.

# WA INCLUDE

Interdisciplinary **N**etwork of **C**ommunity **L**eaders with a focus on the **U**nderserved and **D**isability **E**ducation is first and foremost about building

## COMMUNITY!

# Overview of INCLUDE Initiatives

Community Building, Outreach, Training, and Research

Autism COE Trainings

SMART

ECHO Programming

RUBI

ECHO Autism Washington

ECHO IDD Wraparound

Mental Health Institute

ECHO Psychiatric Care

ECHO Resources Navigation

YOU!

Interdisciplinary Network of Community Leaders with a focus on the Underserved and Disability Education (INCLUDE)

# What is Project ECHO?

Telementoring that empowers professionals to provide the right care, in the right place, at the right time

93% of countries touched by ECHO

Programs at UW focus on IDD and ASD, with a goal to build capacity to care for these and their families in their home communities

600+ training centers across the globe

Sessions include didactics on best practice, case presentations, discussions, and recommendations

Over 3,000 ECHO programs created

<https://hsc.unm.edu/echo/>

# ECHO IDD Wraparound

## Goals

Training and support to community health providers working with youth with I/DD and mental health challenges in crisis.

## Participants

WISe teams (therapist, peer and family partners, case coordinators, etc), MCOcare coordinators, ABA, DDA, HCA, OSPI representatives.



<https://wainclude.org/echo/echo-idd-wraparound/>

# A typical ECHO session

- 90-minute session; 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays of each month (we take July and August off!)
- Group includes WA INCLUDE-based Hub team and participants from around the state)
- Introductions and announcements (10-15 minutes)
- Didactic on a specific topic (“learning bursts” (10-15 minutes))
- Case Presentation by an ECHO participant
  - Participant presents case (~10 minutes)
  - Questions from participants followed by questions from hub team members (~25 minutes)
  - Recommendations from participants and hub team members (~25 minutes)

# The START Model

Developed by Dr. Joan Beasley and implemented in 1988 to provide cross-system crisis prevention and intervention evidenced-based services and supports for individuals aged 6 and older with intellectual and developmental disabilities and mental health needs.

**START : Systemic Therapeutic Assessment Resources Treatment**  
Currently used in 14 states and growing numbers of states

More information can be found at: <https://centerforstartservices.org/>

A recorded presentation of the START model can be accessed at <https://wainclude.org/echo/echo-idd-wraparound/presentations/>

# Available resources

Access recorded didactic presentations at this site:

<https://wainclude.org/echo/echo-idd-wraparound/presentations/>

# References

WA INCLUDE: <https://wainclude.org/>

Project ECHO: <https://projectecho.unm.edu/>

Center for START Training: <https://centerforstartservices.org/>

# Questions

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**THANK YOU!**

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