

# The START Model

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# Objective

## The START Model

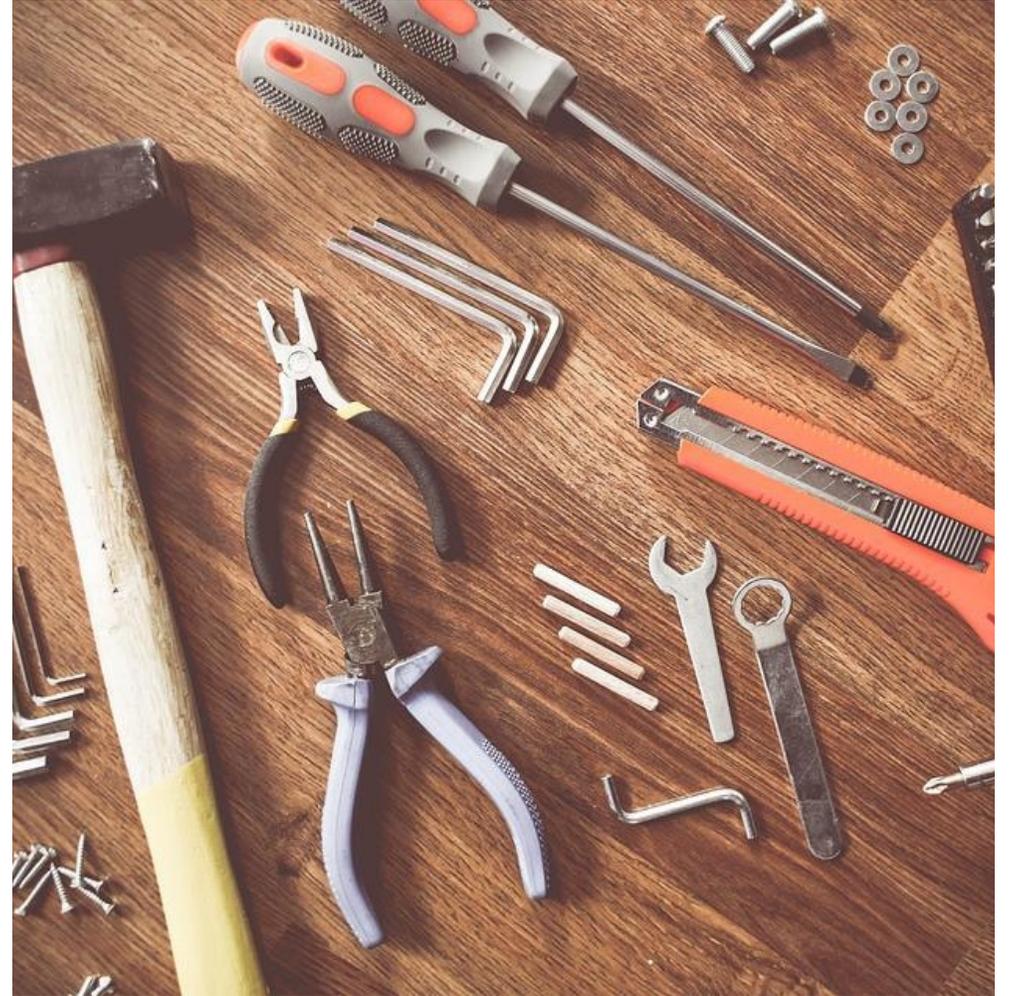
Developed by Dr. Joan Beasley and implemented in 1988 to provide cross-system crisis prevention and intervention evidenced-based services and supports for individuals aged 6 and older with intellectual and developmental disabilities and mental health needs.

**START : Systemic Therapeutic Assessment Resources Treatment**  
Currently used in 14 states and growing

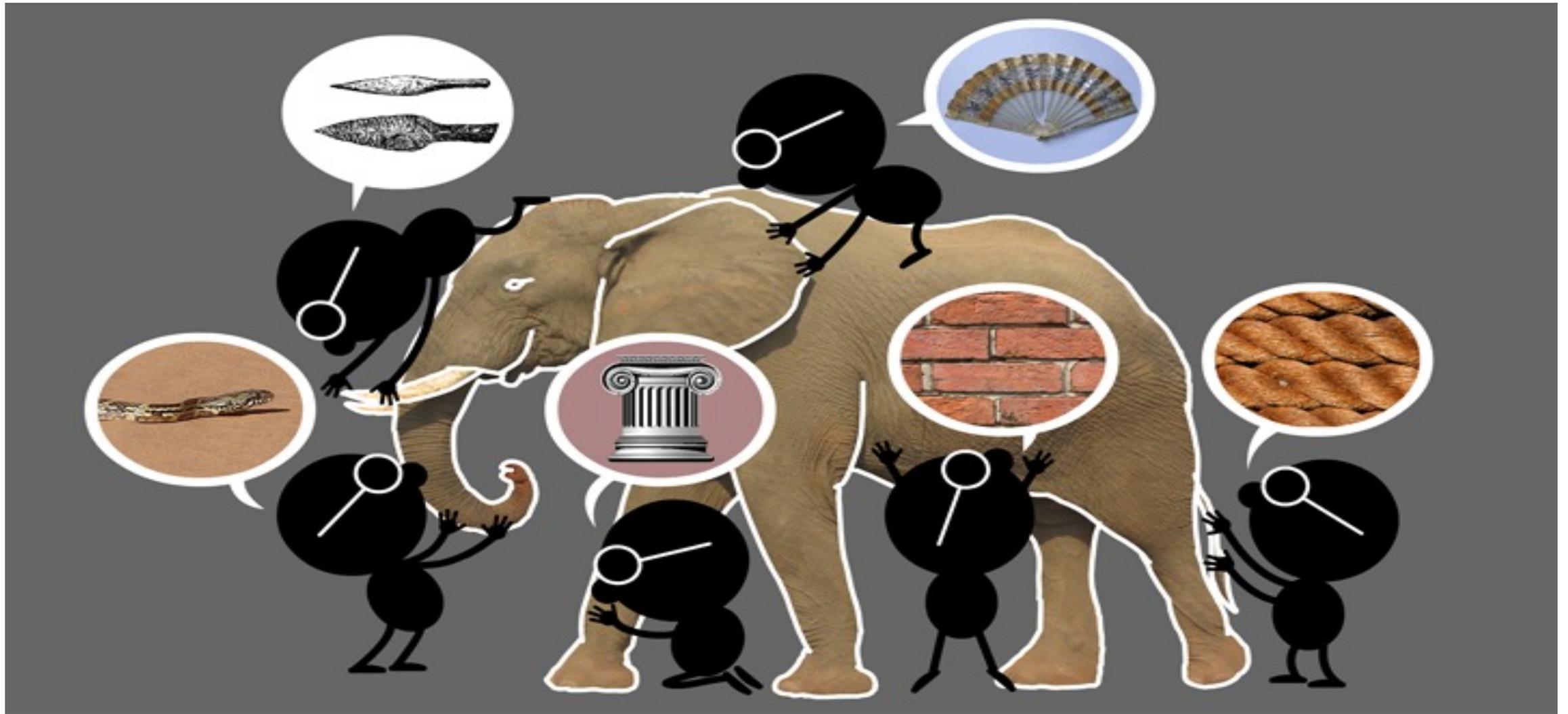
More information can be found at: <https://centerforstartservices.org/>

# Crisis prevention and intervention through a system-of-care approach

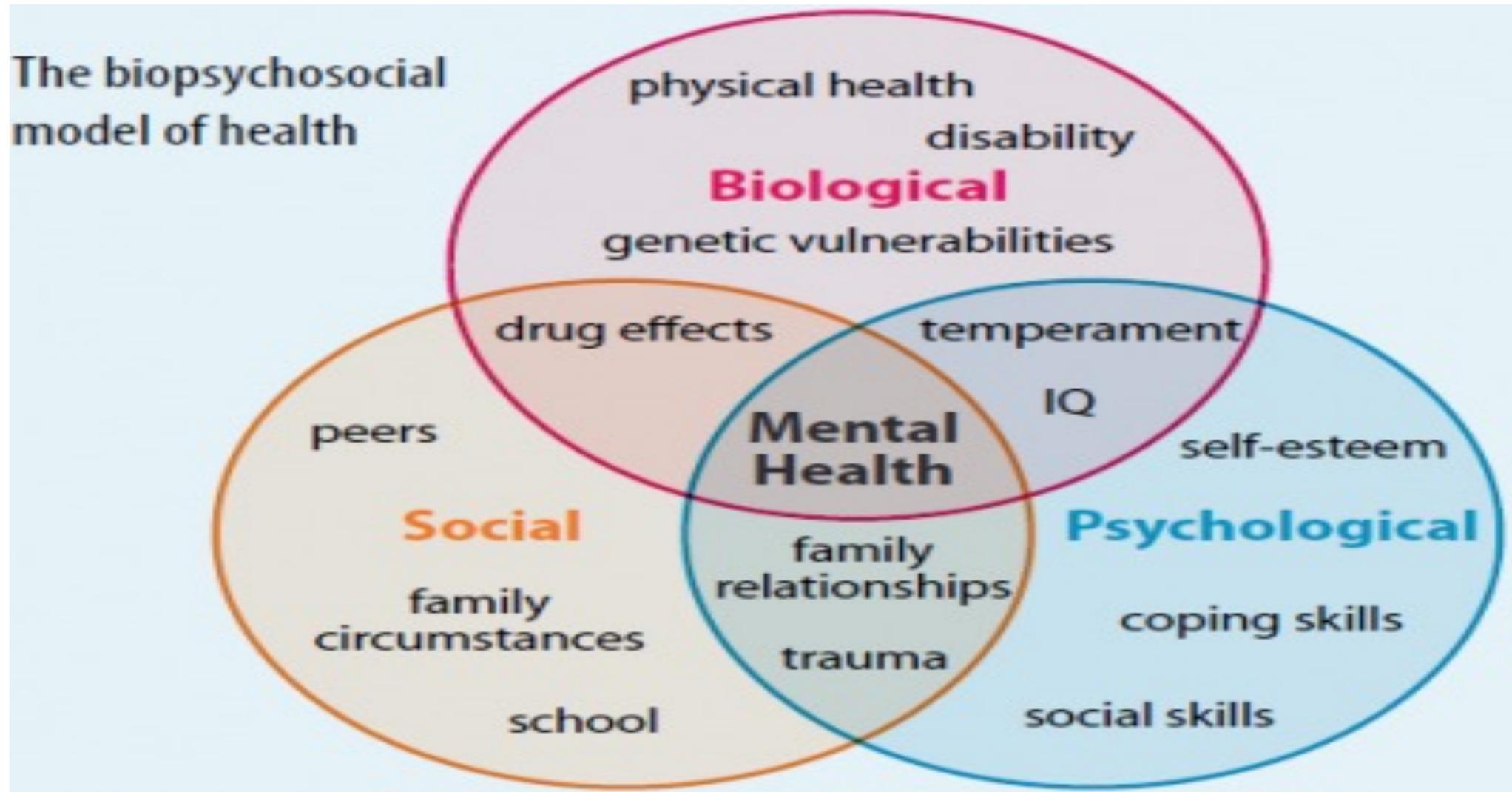
"A crisis is a problem without the tools to address it"



# A Story



# Consider the Whole



# PERMA+

Seligman

P

E

R

M

A

+



POSITIVE  
EMOTIONS



ENGAGEMENT



RELATIONSHIPS



MEANING



ACCOMPLISHMENT

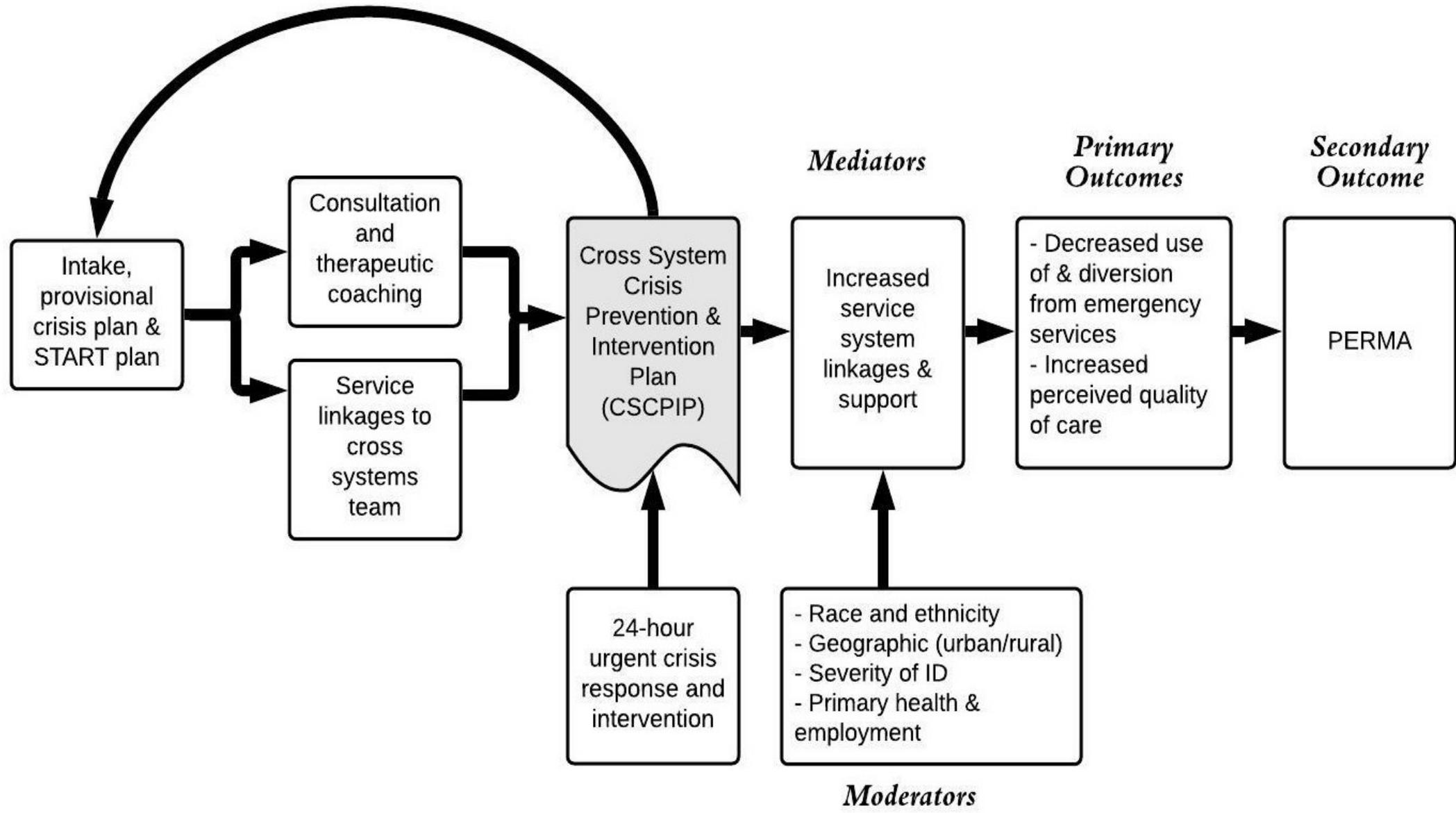


PLUS

# Why a Positive Psychology Approach?

“We believe that persons who carry even the weightiest psychological burdens care about much more in their lives than just the relief of their suffering. Troubled persons want more satisfaction, contentment, and joy, not just less sadness and worry.”

Duckworth, Steen, & Seligman, 2005



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# Questions

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**THANK YOU!**

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