Depression in Youth with IDD

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Disclosures

Today's speaker has no financial relationships with an ineligible company relevant to this presentation to disclose.

None of the planners have relevant financial relationship(s) to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients





Objectives

- Participants will gain understanding of Biosocial Theory and how it relates to depression
- Participants will learn key symptoms of depression with the IDD population
- Participants will learn about assessment of depressive symptoms within the IDD population



Biosocial Theory

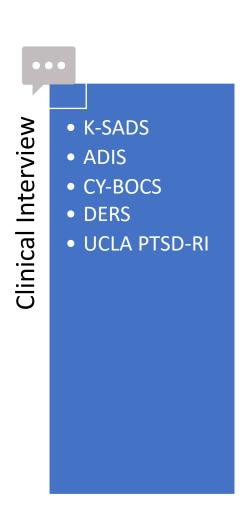


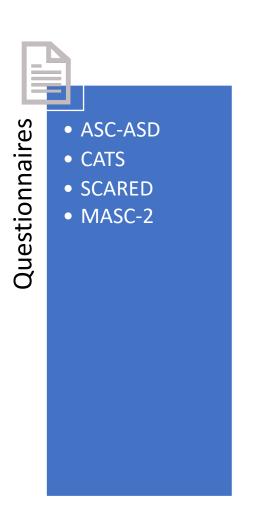




Assessment Tools With IDD Clients













Assessment Tools

Collaborative Consultation Records review Connecting with previous treatment providers

Clinical Interview • K-SADS • DERS • UCLA PTSD-RI

Functional Behavior Assessment Vulnerabilities Antecedents Behaviors Consequences



Key Symptoms

- Increased or different irritability
- Sleep disturbance
- Withdrawal
- Appetite change
- Negative interpretations of the world/others/self
- Note potential misinterpretation of communication as psychosis



Risk Factors

- Severity of intellectual disability
- Level of physical activity
- Sleep duration
- Social participation

Whitney, Shapiro, Peterson & Warschausky (2019)



Questions

THANK YOU!

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