

# Depression in Youth with IDD

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# Disclosures

Today's speaker has no financial relationships with an ineligible company relevant to this presentation to disclose.

None of the planners have relevant financial relationship(s) to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients



# Objectives

- Participants will gain understanding of Biosocial Theory and how it relates to depression
- Participants will learn key symptoms of depression with the IDD population
- Participants will learn about assessment of depressive symptoms within the IDD population

# Biosocial Theory



Medical Model of Disability  
Systemic discrimination  
Sensory mismatches  
And the list goes on...



# Assessment Tools With IDD Clients




**Collaborative Consultation**

- Records review
- Connecting with previous treatment providers



**Clinical Interview**

- K-SADS
- ADIS
- CY-BOCS
- DERS
- UCLA PTSD-RI



**Questionnaires**

- ASC-ASD
- CATS
- SCARED
- MASC-2



**Functional Behavior Assessment**


- Vulnerabilities
- Antecedents
- Behaviors
- Consequences

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# Key Symptoms

- Increased or different irritability
- Sleep disturbance
- Withdrawal
- Appetite change
- Negative interpretations of the world/others/self
- Note potential misinterpretation of communication as psychosis

# Risk Factors

- Severity of intellectual disability
- Level of physical activity
- Sleep duration
- Social participation

Whitney, Shapiro, Peterson & Warschausky (2019)



# Questions

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**THANK YOU!**

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